

National Ride2School Day 2026

When: Friday 20 March 2026

Where: Schools around Australia

Social media

We'd love to see how your school or community celebrates National Ride2School Day. Share your photos with us on Facebook, Instagram or email them to ride2school@bicyclenetwork.com.au.

Follow and tag National Ride2School Day using **#ride2schoolday**

- Facebook: [@BicycleNetwork](#)
- Instagram: [@Bicycle_Network](#)

Event website

<https://www.bicyclenetwork.com.au/rides-and-events/ride2schoolday/>

Main message

Join students across Australia participating in National Ride2School Day on Friday 20 March 2026 and help children build healthy habits, independence and confidence on the journey to school.

Key messages

Why Ride2School?

Builds healthy habits through a fun community experience

National Ride2School Day brings school communities together in a colourful, positive day where students, teachers and families celebrate riding and walking together. These enjoyable experiences help normalise active travel and encourage children and families to continue walking, riding or scooting beyond the event.

Kids need active travel more than ever

New national research (Australian School Travel Survey 2025) shows most Australian children now travel to school by car.

61% of school trips are made by private vehicle, while only 21% involve walking or



riding. Even children living within one kilometre of school are often driven. National Ride2School Day helps make active travel normal again.

An easy way to reach daily physical activity

Children should get at least 60 minutes of physical activity each day. Walking or riding to school is a simple way to achieve this as part of the daily routine.

Builds independence and confidence

Walking, riding or scooting to school helps children develop road awareness, resilience and decision-making skills while feeling more capable in their community.

Improves focus and learning

Students who are active before school arrive more alert and ready to learn, supporting better classroom engagement throughout the morning.

Creates safer school environments

More students travelling actively means fewer cars at the school gate, improving safety and reducing congestion for everyone.

Suggested social media post

Join students across Australia participating in National Ride2School Day on **Friday 20 March 2026**.

Swap the car for walking, riding or scooting and help kids start the day active and ready to learn.

Sign up your school and learn more: <https://www.bicyclenetwork.com.au/rides-and-events/ride2schoolday/>

#ride2school #ride2schoolday

School newsletter caption

Our school is joining in National Ride2School Day on **Friday 20 March 2026!**

Students are encouraged to walk, ride or scoot to school. It's a fun and healthy way to start the day, build confidence and help create a calmer, safer school gate for everyone.

Suggested ways to celebrate the day

The digital pack includes multiple poster sizes, a colouring-in poster, a customisable date poster and social media graphics in various size dimensions.

